COVID-19 (coronavirus)

Employers and Community Groups

Good hygiene is the best defence

There are currently no vaccines available to protect against the human coronavirus infection. Employers are encouraged to think about the actions they can take to help staff stay healthy and help their operations prevent spread of any respiratory illness, including COVID-19.

Support good hand hygiene - remind staff to wash or sanitize hands frequently, particularly:

- Before after preparing or eating food
- After handling waste, dirty linens/clothes or bathroom use
- After working with animals
- Whenever hands look dirty
- After shaking hands

Washing with soap and warm water is preferred. Use disposable paper towels for drying hands or a reusable towel that you replace after use.

If warm soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol. Use enough to cover the fronts and backs of both hands, between fingers and rub hands together until they feel dry.

Use cough/sneeze etiquette

- Cover coughs and sneezes with a tissue. Dispose used tissues in the garbage and wash your hands or use an alcohol-based hand sanitizer immediately after OR
- Cough/sneeze into your elbow, not your hand
- Avoid touching your face.

Clean common surfaces and objects often

Viruses can live on surfaces for several days. Frequent cleaning and disinfecting of surfaces and objects can reduce germs and prevent infection.

- Clean and disinfect items like doorknobs, light switches, railings, elevator buttons, toilets, desks and tabletops daily – wash using soapy water, then disinfect using household cleaning products or a solution of 1-part bleach and 9-parts water
- Disinfect phones, remote controls, computers and other handheld devices
- Wash or launder linens, clothing and uniforms on a regular basis
- Dispose of garbage on a regular basis and wash hands after
- Remove non-essential items like magazines, stuffed toys and other items that cannot be cleaned from reception areas

Speak with your employer

- Discuss the possibility of working from home or flexible hours
- Ask about occupational health and safety measures for your workplace
- Familiarize yourself with additional hand washing stations and/or access to alcohol-based sanitizer

PrinceEdwardIsland.ca/COVIDforBusiness

BUSINESS CONCERNS? **CALL 1-866-222-1751 OR EMAIL PEIBusinessHelpline@gov.pe.ca**

General information about COVID-19: **PrinceEdwardIsland.ca/COVID19** or call **833-533-9333**

Prince Edward Island CANADA

COVID-19 (coronavirus)

Employers and Community Groups

Social Distancing

Social distancing is a way that we can all help reduce the spread of COVID-19

- If you are ill or feeling unwell, stay home
- Avoid shaking hands and wash your hands frequently

When you are:

- having conversations
- waiting in a line, or
- interacting with other

maintain a 2 metre or 6 foot distance

Self-Isolation

Limit contact with others

- Do not leave home unless absolutely necessary, such as to seek medical care.
- Do not go to school, work, other public areas or use public transportation (e.g., buses, taxis).
- Arrange to have groceries and supplies dropped of at your door to minimize contact.
- Stay in a separate room and use a separate bathroom from others in your home, if possible.
- If you have to be in contact with others, keep at least 2 metres between yourself and the other person. Keep interactions brief and wear a mask.
- Avoid contact with individuals with chronic conditions, compromised immune systems and older adults.
- Avoid contact with pets if you live with other people that may also be touching the pet.

- If you have returned before March 8, there is no need to self-isolate.
- If you have returned from domestic travel (outside of Prince Edward Island) on or after March 21st, you must self isolate for 14 days
- If you have returned from international travel on or after March 8, you must self-isolate for 14 days.
- If all members of the household cannot ensure that the above requirements can be met, then all members are to follow self-isolating guidelines for the 14 day period.
- In situations where only one member of the household needs to self-isolate, it is important that other members of the household take the following precautions:
  - *maintain at all times appropriate social distancing*
  - *ensure enhanced cleaning of all shared spaces following use*
  - *and/or designate a separate bathroom and bedroom for the traveler*
- Once you have completed the 14 day self-isolation period, you must now practice social distancing

PrinceEdwardIsland.ca/COVIDforBusiness

BUSINESS CONCERNS? **CALL 1-866-222-1751 OR EMAIL PEIBusinessHelpline@gov.pe.ca**

General information about COVID-19: **PrinceEdwardIsland.ca/COVID19** or call **833-533-9333**

Prince Edward Island CANADA